



Photo credit: Outi Neuvonen / Helsinki Partners

Kicking off March

As February turns to March, we can officially say that spring is here! But watch out for "takatalvi" (back-winter in Finnish) which is a Finnish term for when cold and snowy weather returns during the spring. So don't pack away your winter coat, hats and mittens just yet!

To help you keep warm, the Spouse Program offers once again a selection of activities for March:

- **17 March** - Webinar about remote work with Nerdsbay and EURES
- **25 March** - Napolin Kaverikahvila with Naispolyteekkarit
- **7 April** - Spouse Program Coffee Room

Hope to see many of you at our events in the upcoming month!

Career support for Helsinki residents



Remote Work Without Borders

Career webinar | 17.03.2026

Ever considered working for an employer abroad while living in Finland?

Nerdsbay, the Spouse Program's newest employer partner, is a Finnish HR-tech company helping people work in Finland, and they are inviting you Spouse Program members a special career webinar!

Nerdsbay is holding a career webinar for job seekers and professionals who want a clearer, more realistic strategy for finding remote roles with international companies while continuing to live in Finland.

This webinar will break down:

- where to search for remote-work opportunities
- how to position your profile
- how to approach employers in a way that genuinely improves your chances

Additionally, the EURES network offers free public services for professionals interested in working in another EU/EEA country. In this webinar, you will also receive practical tips on how to make the most of EURES services, including:

- where to find verified job opportunities and employers abroad
- how to participate in recruitment and other events organised by EURES
- where to access country-specific information on labour markets, living and working conditions, and how to contact local EURES advisers

Join this career webinar for practical tips, real-life examples and honest insights.

[Learn more and sign up](#)

Special invitation to Rhetorich

Online upskilling tool

Do you want to speak with more confidence, clarity and impact in meetings, interviews or presentations?

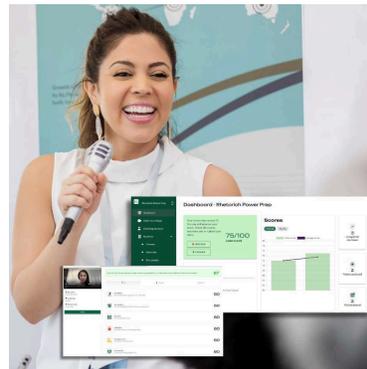
As part of the Spouse Program's communications masterclass workshops, Spouse Program members are exclusively invited to **Rhetorich**.

Rhetorich is an online AI-powered platform where you can perfect your communications skills. The platform analyses your speaking style and helps you improve clarity, impact, structure, and presence.

In addition, you will get an onboarding to the platform and a study session where you can ask any questions you may have.

This is an exclusive opportunity available to Spouse Program members from March-June 2026, and the number of licenses are limited. Secure yours today!

[Learn more and sign up](#)



Community activities

Napoli kaverikahvila

Community activity | 25.03.2026

Do you have a background in tech and want to practice your Finnish language and culture with a local friend? Join our new event!

Napoli Kaverikahvila (Friend Cafe in English) is a new community event between international spouses and members of Napoli (Naispolyteekkarit or the organisation of female academic technology professionals).



Photo credit:
Karoliina Bärlund / Helsinki Partners

At the Kaverikahvila, people with a technology background come together to meet retired Finnish professionals and learn the Finnish way of life. The goal is to find a local friend you can regularly meet and learn Finnish with over time.

Join the first Napoli Kaverikahvila with the Spouse Program this **25 March** to start learning Finnish language and culture and make local friends!

People with a technology background are especially encouraged to join!

[Sign up](#)



Coffee Room for February 2026, photo credit: Ella Kaverma

Save the date: April Coffee Room

Community event | [07.04.2026](#)

Save the date: the next Spouse Program Coffee Room is on 07 April!

With spring arriving and the days getting brighter, the theme for this Coffee Room is “**Helsinki Exchange**”, focusing on lifestyle and experiences in Helsinki.

For this event we’ll share tips, experiences, and hidden gems about living in Finland and exploring the Helsinki capital region. Make sure to join us then!

[Learn more and sign up](#)

Other opportunities



Game Talent Fair Finland

Games industry conference | 23.04.2026

The leading recruitment event for the games industry in the Nordics, Finland Game Talent Fair, is set to take place on 23 April 2026.

This spring, the event focuses on AI in games, investments and career opportunities. The event offers game developers and creative professionals a great opportunity to connect with Finland's growing games studios. Organised by Games Factory Talents, the event takes place at Helsinki City Hall.

For more information and registration, visit the event website.

[Learn more and sign up](#)



Friend Program - SuomiKamu volunteer training

Community activity | 04.03.2026

Come support a newcomer in Finland as a volunteer friend - become a SuomiKamu!

As a SuomiKamu volunteer, you will help your friend get to know their new surroundings and the local culture.

[Sign up](#)



Friend Program - SuomiKamu information session

Community activity | 30.03.2026

Together with your SuomiKamu friend, you can take part in a range of everyday activities such as attending local events, exploring the area, or going for a walk. You will also have the opportunity to practise Finnish together.

[Sign up](#)

Cultural tip: Minna Canth and the Day of Social Equality

In addition to International Women's Day on March 8, Finland also celebrates Minna Canth's Day on March 19. [Minna Canth](#) was a writer and social activist



whose work addressed the social injustices of 19th-century Finnish society. For this reason, March 19 is also known as the Day of Social Equality.

The day is not typically marked by public celebrations, but it offers an opportunity to explore Canth's literature and plays. Some of her

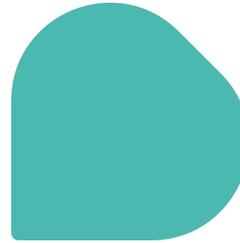
works are available in English as well as in easy Finnish, and you can find some of them in the HELMET library network.

Final words

While March is often wet and chilly, it also brings us longer days and growing light - a gentle reminder that spring is just around the corner.

Remember that the clocks move forward by one hour during the night of the final Sunday in March.

A helpful rule of thumb is that the clocks always turn in the direction of summer. So, in spring, we move them forward!



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