

Newsletter for June 2025



#### June and summer are around the corner!

June in Helsinki is the brightest month of the year, full of light and activity!

As the city blooms into summer, it's the perfect time to explore and get outside.

This week, we're sending out our June newsletter extra early to let you know about some special activities arriving near the beginning of the month.

June brings with it **Helsinki Welcome Day**, a huge yearly event to officially welcome the year's newest international Helsinki residents. If you've moved to Helsinki since June 2024, make sure to attend Helsinki Welcome Day 2025! For others interested in the event, this year we're also accepting volunteers.

If you're concentrating on your career, we have a couple of activites you may be interested in. The Spouse Program is holding a **company partner mix & mingle** at one of our partner's offices! We'll also be hosting another **Focus Space coworking session** for jobseekers looking for a productive communal environment.

Finally, we'll share some tips on how to spend a **Finnish midsummer in Helsinki** as the city quiets down for the Juhannus season.

Photo credit: Svante Gullichsen / Helsinki Partners



Well-being survey

Every spring and autumn, we ask our members about their well-being to hear how you're doing from you directly, so the Spouse Program can help you more.

If you haven't yet, we kindly ask you take part in our short well-being survey!

Take our well-being survey

## Helsinki Welcome Day 2025



#### Helsinki Welcome Day for new Helsinki residents

Special welcoming event | 05.6.2025

Have you moved to Helsinki as a newcomer within the past year?

The City of Helsinki welcomes its new international residents this June with Helsinki Welcome Day!

For the second time, international newcomers who have moved to Helsinki within the past year are invited to Helsinki City Hall this June to receive an official warm welcome from the upcoming Mayor of Helsinki.

Join this special family-friendly event to learn about life and leisure in the Finnish capital, take part in fun activities and settle into your new home.

Please note that Helsinki Welcome Day is only meant for new Helsinki residents.

Learn more and sign up

Do you want to participate in Helsinki Welcome Day but don't fit the criteria? Read on...

### Share your experience and help newcomers at Helsinki Welcome Day!

Volunteering opportunity | 05.6.2025

We're looking for volunteers for our new **Conversation Corner** activity at Helsinki Welcome Day!



As a volunteer, you'll share your own experiences of life in Helsinki with newcomers in relaxed, friendly chats.

Conversations can touch on topics like hobbies, family life, settling-in, or newcomer questions. To stay on theme, we ask that volunteers avoid instructions on official materials, job-seeking and sensitive subjects like politics.

Are you interested in sharing your experiences and helping newcomers settle in? We'd love to have you join us as a volunteer for Helsinki Welcome Day!

Sign up via the Conversation Corner volunteering 2025 form—spots are limited!

Learn more and sign up

# Spouse Program career activities



## Company Partner Mix & Mingle with EY

Company Partner event | 09.6.2025

The Spouse Program is holding a mix & mingle networking event with one of our company partners!

Join us as we visit EY's offices and meet their international professionals.

Learn more and sign up

Company partner activities are not recruitment events. Places are limited!



# Focus Space co-working session for jobseekers

Co-working session | 10.6.2025

Looking for structure, peer support, and company in your job search?

Join our co-working session to help you focus on your job search tasks alongside others doing the same!

Learn more and sign up

# Pre-register for our next communications masterclass workshop in August

Career support workshop | 28.8.2025

The third session of our four communications workshops will be in August!

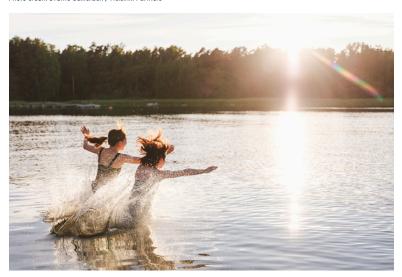
These workshops focus on inspiring communication, meant to build your presence and impact in interpersonal networking opportunities.

The workshop will be hosted by **André Noël Chaker**, an award-winning speaker, writer, and entrepreneur originally from Canada, now based in Finland. In our previous workshop, André received unanimous acclaim - come see for yourself!

If you haven't yet experienced one of these workshops, we definitely encourage you to attend. You can pre-register your interest for the workshop already now.

Pre-register for the workshop

Photo credit: Syante Gullichsen / Helsinki Partners



### Midsummer, or Juhannus, in Helsinki

Public holiday | 20-21.6.2025

Midsummer (Juhannus) is the longest day of the year and an important Finnish holiday, celebrating the light and informally kicking off summer.

Midsummer's eve the day before is also a public holiday when many locals head to cottages to celebrate Midsummer in family gatherings.

Although the cities quiet down, Helsinki offers its own special ways to enjoy Midsummer. You can, for example:

- Take a public ferry to one of the nearby archipelago islands, like Pihlajasaari
- Enjoy a midsummer sauna and swim at one of the many <u>public saunas</u>
- Attend the traditional bonfire event on Seurasaari Island (ticket needed)
- Have a picnic with friends and family and celebrate Midsummer together

Whether you're staying in the city or exploring beyond it, Midsummer is a wonderful chance to enjoy the light and experience Finnish traditions!

Learn more about <u>Midsummer in Helsinki</u> from Visit Finland, and find more summer activity ideas from MyHelsinki's <u>7 reasons to love Helsinki summer</u>.

#### Have a wonderful summer!

Like most of Finland, the Spouse Program will be on summer break over the month of July.

**Our next newsletter will arrive in August.** Until then, we hope you have a wonderful summer holiday!





The Spouse Program

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